



## St. Luke's Orthopaedic Services

### Behavioral Health Services

St. Luke's Behavioral Health Services serves as a therapeutic/consultative resource for physicians, and diagnoses and treats a wide variety of mental and behavioral health concerns that often present while patients are dealing with other physical conditions or injuries. Some common conditions treated include:

- Adult ADD
- ADHD
- Anger Management
- Anxiety
- Bi-Polar Disorder
- Childhood Disorders
- Chronic Pain Disorders
- Depression
- Eating Disorders
- Emotional Eating

### Treatment Options

#### Outpatient Services

St. Luke's Behavioral Health's outpatient services is staffed by licensed professionals who provide individual, group, couples and family therapy. In addition, St. Luke's Psychiatric Associates provides psychiatric evaluation as well as therapy and medication management for adults, adolescents and children.

We offer two locations for outpatient services:

1107 Eaton Ave.  
Bethlehem, PA 18018  
610-954-2400

St. Luke's Professional Center  
1021 Park Ave., Suite 10  
Quakertown, PA 18951  
215-529-9240

Appointments can be made by calling any of the offices. We accept most insurances. Please contact the office nearest you for more information. St. Luke's Behavioral Health is licensed in Pennsylvania and accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO).

### Innovations/Partial Hospitalization Services

Individuals who may need additional support and are experiencing difficulty adjusting and/or coping because of severe stressful situations and life changing events may require a more structured, intensive service. The Innovations Partial Hospital

program provides groups, music therapy, occupational therapy and individual services through which adults can gain the strength and psychosocial support they need to regain confidence in their day to day lives. We also offer a dual diagnosis track to assist individuals who have both mental health and substance abuse concerns as well as a senior track for those who are experiencing the special needs of aging.

Innovations is designed to be “short-term” — individuals usually spend an average of seven to 10 days in the program — and is offered as an alternative to hospitalization if the individual can actively participate in treatment or as a “step-down” from the inpatient setting to help in the transition back into the community.

Referrals to Innovations can be made by calling 610-954-3838. Most insurances are accepted. The program is located at our Bethlehem office on Eaton Ave.

### Inpatient Services

Adults who may need intense structure and care 24 hours a day on an inpatient unit will find a professional mental health team of psychiatrists, nurses, social workers, occupational therapists and other mental health experts at both St. Luke’s Hospital – Bethlehem Campus and St. Luke’s Quakertown Hospital.

The teams assess each individual and provide a treatment plan, assisting the patient and the family to gain the knowledge and resources necessary to return to the community. Active discharge planning for services on an outpatient basis is also provided for all patients.

For more information regarding the admission criteria, please contact our nurse manager at St. Luke’s Hospital – Bethlehem Campus at 610-954-2265, or at St. Luke’s Quakertown Hospital at 215-538-4536. As always, if you are in crisis or an emergency situation, please go to your nearest Emergency Department to receive immediate assistance.

### Employee Assistance Program (EAP)

The experienced and qualified staff of St. Luke’s Behavioral Health Service’s EAP can help individuals, couples and families address problems and issues related to work, marriage, stress, grief, anger and other life events. All services are confidential and are not discussed with your employer. The EAP provides the following services:

- Therapy/counseling for you and/or your immediate family members
- Caring, compassionate and confidential treatment
- Off-work site locations in Bethlehem and Quakertown
- Employee assessment at no charge with subsequent visits billed to the employee’s insurer
- Referral for treatment to the proper level of care and to the appropriate practitioner

For more information, please call 610-954-2400 (Bethlehem) or 215-529-9240 (Quakertown).