



## A Guide to Online Breast Cancer Resources

### SUPPORT

[www.cancer.gov](http://www.cancer.gov)

Get cancer information.

[www.Breastcancer.org](http://www.Breastcancer.org)

Click on "Support and Community."

[www.canceradvocacy.org](http://www.canceradvocacy.org)

Click on "Listen" to access "Cancer Survival Toolbox."

[www.cancercare.org](http://www.cancercare.org)

Learn about free counseling, education, and financial assistance information.

[www.gildasclub.com](http://www.gildasclub.com) & [www.thewellnesscommunity.org](http://www.thewellnesscommunity.org)

Offers Support and networking groups, lectures, workshops, and social events.

[www.y-me.org](http://www.y-me.org)

Click on "I'm looking for support and services."

[www.plwc.org](http://www.plwc.org)

Click on "Community Center."

[www.cancer.org](http://www.cancer.org)

Click on "Survivors."

[www.mdanderson.org/diseases/breastcancer](http://www.mdanderson.org/diseases/breastcancer)

Scroll down for patients' stories, a survivor message board, and other informative links.

[Patient.cancerconsultants.com/resources.aspx?id=18843](http://Patient.cancerconsultants.com/resources.aspx?id=18843)

Get important tips for caregivers.

[Patient.cancerconsultants.com/resources.aspx?id=18844](http://Patient.cancerconsultants.com/resources.aspx?id=18844)

Find out what patients and friends need to know.

### TREATMENT OPTIONS

[www.cancer.org](http://www.cancer.org)

Click on "Explore Treatment Guidelines" or search for hormonal treatment

[www.breastcancer-answers.com](http://www.breastcancer-answers.com)

Read the latest and most accurate information about early-stage breast cancer including the newest treatment options.

[www.breastcancer.org/tre\\_sys\\_hrt\\_idx.html](http://www.breastcancer.org/tre_sys_hrt_idx.html)

Find out about hormonal therapy: how it works, the different types, and when they may be right for you.

[www.komen.org](http://www.komen.org)

Click on "About Breast Cancer," and then Treatment." Find out about each treatment option, its risks and benefits.

[www.Visions-of-Hope.com](http://www.Visions-of-Hope.com)

View the Visions of Hope traveling exhibit.

[www.lbbc.org](http://www.lbbc.org)

Living Beyond Breast Cancer Provides the LBBC programs where you can read transcripts of teleconferences about breast cancer-related topics.

[www.canceradvocacy.org/resources/essential/heartmind](http://www.canceradvocacy.org/resources/essential/heartmind)

Find out tips for coping with side effects, health insurance, and communicating effectively with your physician.

[www.breastcancer.org/blth.html](http://www.breastcancer.org/blth.html)

Learn ways that will help you remember to take your medication.