



POST LARGE CORE BREAST BIOPSY

1. Place an ice pack inside your bra over the top of the dressing every hour for 20 minutes. (20 minutes on, 60 minutes off). Do this until bedtime.
2. Do not shower or bathe until the following morning. After bathing, you may removed the Band-Aid.
3. You may bathe your breast carefully with the steri-strip in place. Be careful not to loosen it. These will fall off on their own in 3 to 5 days.
4. You may have mild discomfort, and you may have a small amount of bruising where the needle entered the skin. This should clear within 5 to 7 days.
5. If you need medication for discomfort, take acetaminophen products such as Tylenol or ibuprofen products, such as Advil, Nuprin, Motrin, etc. **DO NOT TAKE ASPIRIN FOR 24-48 HOURS.**
6. Do not participate in strenuous activities for 24 hours—tennis, aerobics, weigh lifting, skiing, etc...
7. Watch for excessive bleeding, pain or fever. If any of these occur please call the office at (610) 776-5025. If calling after hours, please have the answering service page the doctor.
8. Call to schedule your follow-up appointment and if you have any questions or problems.
9. We will call with the final results of your biopsy in about 3 to 4 days.