



DISCHARGE INSTRUCTIONS PERITONEAL DIALYSIS CATHETER

Following discharge from the hospital, you may have some questions about your operation, your activities or your general condition. These instructions may answer some of your questions and help you adjust during the first few weeks following your operation.

1. Check dressing daily to be sure it is dry and secure. Apply tape to secure dressing if necessary.
2. Dressing changes should be done about once a week for the first several weeks by the staff of the outpatient dialysis center. Please call them if you do not already have an appointment scheduled.
3. **DO NOT** remove the dressing yourself.
4. Call the dialysis center or our office if the dressing becomes saturated with blood drainage or fluid.
5. Call your nephrologist (kidney doctor) or our office if you have abdominal pain that is not improved after taking your prescribed pain medication. The discomfort should normally decrease each day.
6. Call your nephrologist or our office for a temperature of 100 degrees or more.
7. Progress to normal activity as tolerated. Avoid any strenuous activity or heavy lifting.
8. **DO NOT** take a tub bath or go swimming. It is important to keep the dressing dry. Showering will normally be permitted six weeks after the peritoneal catheter has been placed.

APPOINTMENTS **You will need to be seen in *two to three weeks*.**
Please call the office as soon as you return home and indicate you need a post-operative appointment – #610-252-8281.

PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS. 610-252-8281.

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