



DISCHARGE INSTRUCTIONS UNROOFING OF PERITONEAL DIALYSIS CATHETER

Following discharge from the hospital, you may have some questions about your operation, your activities or your general condition. These instructions may answer some of your questions and help you adjust during the first few weeks following your operation.

1. Check dressing daily to be sure it is dry and secure. Apply tape to secure dressing if necessary.
2. Dressing changes should be done about once a week for the first several weeks by the staff of the outpatient dialysis center. Please call them if you do not already have an appointment scheduled.
3. Call the dialysis center or our office if the dressing becomes saturated with blood, drainage or fluid.
4. **DO NOT** remove the dressing yourself.
5. Call your nephrologist or our office for a temperature of 100 degrees or more.
6. Progress to normal activity as tolerated. Avoid any strenuous activity or heavy lifting.
7. Showering will be permitted one week after the catheter is exposed.

PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS. 610-252-8281.

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